

Life Group Discussion Questions

“A Life Transformed” — Romans 12:1–8 (NIV)

Living Sacrifice

Romans 12:1 — “Therefore, I urge you, brothers and sisters, in view of God’s mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship.”

- What does it mean to “offer your body as a living sacrifice”?
- How can worship become part of your daily life beyond Sunday mornings?
- What are some specific ways you can offer your time, energy, or abilities to God this week?

Renewed Thinking

Romans 12:2 — “Do not conform to the pattern of this world, but be transformed by the renewing of your mind.”

- What are some “patterns of this world” that you feel pressured to conform to?
- How does reading Scripture or spending time in prayer help renew your mind?
- Can you share a time when God changed your perspective on something important?

Seeing Ourselves Rightly

Romans 12:3 — “Do not think of yourself more highly than you ought, but rather think of yourself with sober judgment.”

- Why do you think Paul connects humility to transformation?
- What does “sober judgment” look like when evaluating your own strengths or weaknesses?
- How can humility help strengthen relationships in the church or in your small group?

Belonging to One Another

Romans 12:4–5 — “For just as each of us has one body with many members... so in Christ we, though many, form one body, and each member belongs to all the others.”

- What does it mean that we “belong to one another” in the body of Christ?

- How does this truth challenge the idea of being a “solo Christian”?
- What happens when one part of the body isn’t functioning or involved?

Using Your Gifts

Romans 12:6–8 — “We have different gifts, according to the grace given to each of us.”

- Which of the gifts listed in verses 6–8 do you relate to most — and why?
- How can you use your gifts to serve others in your church or community?
- What attitude should accompany our serving, according to Paul’s words?

Living Transformed

Romans 12:2b — “Then you will be able to test and approve what God’s will is—his good, pleasing and perfect will.”

- What does a “transformed life” look like in practical terms?
- How can surrendering to God’s will help you see His plan more clearly?
- In what area of your life do you sense God is inviting transformation right now?

Reflection

- If transformation is a process, what step do you feel God is asking you to take this week?
- How can your group encourage one another to live as “living sacrifices”?